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HARRINGTON CENTER FOR EXPERIENTIAL LEARNING



INTERNSHIPS AND JOB SHADOWING

Putting Your Education to Work

Internships lead to post-graduate success, and the Harrington Center for Experiential Learning can help you get there.

Employers seek graduates with strong liberal arts skills and real-world experiences. At Colby-Sawyer, 99 percent of students graduate with that experience, having completed at least one internship.

And internships can turn into more: 39 percent of grads were offered a job at their internship sites.

In fact, 92 percent of recent grads* were employed or attending graduate school within six months of graduating. That's 10 percent above the national average.

OUR GRADUATES:

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The Harrington Center for Experiential Learning prepares students for the professional realities they will face, assisting with résumé writing, interview skills and internship placement.

UYEN NGUYEN '18

Accounting



"It is clear to me that asking questions in a work setting is vital; an employee must understand not just how to approach a project but also why the project is important."

DOW JONES PRINCETON, N.J.

For 12 weeks, I was an intern in the Global Finance Department at Dow Jones. I worked with the risk and compliance and treasury teams, among others. The experience I gained in learning how to do advertising audits and balance sheets was invaluable.

RICHARD DAMAS '17

Media and Communication



“For an aspiring news reporter, this internship was hands-on learning and the best experience of my life.”

WJLA-TV ABC7 NEWS CHANNEL 8 WASHINGTON, D.C.

I was a sports/news intern for the ABC affiliate in Washington, D.C., through the Washington Internship Institute. The Institute is one of Colby-Sawyer’s great partnerships, and because of it, I had the opportunity to live in an amazing city and observe how a station in a top-10 news market operates. I attended morning editorial meetings and shadowed reporters as they covered stories. I learned how to interview as well as shoot, write and edit stories. I even put together demo reels myself.

NICOLE TAYLOR '17 & CHRISTIAN HOOD '18

Sport Management



"The possibilities are exciting, and there are more of them now than ever because of our experiences."

SAN FRANCISCO 49ERS SANTA CLARA, CALIF.

We were able to see the inner workings of a professional sports team thanks to Ethan Casson '96 when he was chief operating officer for the San Francisco 49ers. He offered great advice: To be successful, don't have limitations and be willing to say yes to any opportunity that will help get your name out there. It worked for Ethan — now he is the CEO of the Minnesota Timberwolves.

Our time with Ethan at Levi's Stadium opened our eyes to the many facets of an NFL team. Beyond sales and marketing, there are special events and corporate partnerships, for example, that need people with our interests and education in sport management.

LEA TAYLOR '17

Environmental Studies



“The experience allowed me to feel empowered and independent. I made some great connections and learned that I like consistency, structured tasks, and strong team management in a work environment.”

MORRILL'S LANDSCAPING COMPANY IN PARTNERSHIP WITH PERMACITY LIFE FRANKLIN, N.H.

My internship was devoted to designing guidelines for a composting program model for the city of Franklin. Franklin is the centerpiece of an urban renewal project and Colby-Sawyer's community-based sustainability major.

I researched how to lay the foundations for the project and investigated benchmark towns, gathered resources and stakeholders, and did some hands-on farm work related to composting. I met with stakeholders and collaborated with my site supervisor about ways to engage the community.

JOHN FOWNES '17

Graphic Design



"It is vital for students to step into the real world and make connections with people in their field while actually working. The sooner students can start building those connections and gaining experience, the better."

THE IDEA GARAGE NEWMARKET, N.H.

The Idea Garage specializes in building websites, branding and social media marketing for small businesses.

I needed basic graphic design knowledge and a solid understanding of HTML and CSS. A typical day involved making website updates, building sites, designing logos and creating branding elements.

Each class contributed to my work, and skills I never expected to use were crucial. The class most related to my internship was GS421: Publication Design. It covered the incorporation of large bodies of text into a piece of work, which was reflected in my web design work.

OUR STUDENTS HAVE BEEN INTERNS AT:

American Cancer Society
Assateague Island National Seashore
BAE Systems
Ben & Jerry's
Chanel, Inc.
Citadel Broadcasting Corp.
Dartmouth-Hitchcock Medical Center
Disney World Wide Services
Elle Magazine
Enterprise Holdings
Estée Lauder Companies
Fidelity Investments
Helen Day Art Center
Kairos Italy Theater
MAC Air Group
Massachusetts State Senate Office
Mayo Clinic
MTV/Viacom
National Geographic
New England Sports Network
Six Flags Great Adventure
Smithsonian Institute
R.I. Dept. of Environmental Mgt.
Tufts Medical Center
U.S. Environmental Protection Agency
WCVB-TV, Channel 5 Boston
World Chicago

AND MANY MORE SITES.

COVER: Psychology major Bailey Allard '14 completed her internship at Washington Parks & People in Washington, D.C.

"The point of an internship is to do what you think you want to do. I was there to get professional experience, and I had a lot of support along the way, both from my Colby-Sawyer adviser and my adviser at the Washington Internship Institute."

The Harrington Center for Experiential Learning
Susan Cleveland Colgate Library
541 Main Street
New London, N.H. 03257
603.526.3765
harringtoncenter.dept@colby-sawyer.edu

Jennifer Tockman
Director of Career Development
jennifer.tockman@colby-sawyer.edu